Person-centred Plan Lighthouse Outreach Service **Empowering Environment Building** Agreed Meaningful **Achievements** Relationships Personcentred Perspective Facilitation/ Championing Coordination Change

Person-centered planning seeks to enable individuals by allowing them to take charge of their lives and the support they obtain, while also aiding them in accomplishing their objectives and leading a more satisfying life.

Person-centered:

The person is at the core of the planning process, and their views, desires, and goals are fundamental to the plan.

Holistic:

The strategy takes into account every facet of the individual's life, encompassing their physical, emotional, and social, and spiritual needs.

Collaborative:

The plan is developed in partnership with the individual, their family, friends, and relevant professionals, making certain that all viewpoints are taken into account.

Goal-oriented:

The strategy aims to attain significant results for the person, including enhancing their health, education, employment, or social integration.

Individualised:

The strategy is customised to the unique requirements and choices of the person, instead of a universal method.